



March 2026

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Pre-Primary
School

• Settle on a Strong Foundation •



Principal's notes

Dear Parents and guardians

Congratulations on a wonderful start to the term! It's hard to believe that we are in our 7th week already. Your children have been busy settling into their new classrooms, building relationships with their teachers, and finding their rhythm in daily routines.

Transitions can take time, and we want to reassure you that the adjustment process is natural and different for every child. One of the most effective ways you can support your child is with a quick but meaningful goodbye in the mornings. Children tend to adjust much faster when farewells are brief, confident, and loving. It helps them step into their independence with security and trust.

As your children grow, encouraging independence is key. Here are some age-appropriate guidelines to help you nurture their confidence at home:

- For 1-2 year old's, feeding themselves finger foods, trying to drink from a cup, exploring toys on their own, and beginning to make simple choices such as picking between two toys.
- For 2-3 year old's, they can start practicing dressing with assistance, tidying up toys, washing their hands with guidance, using short phrases to express needs, and beginning toilet training.
- For 3-4 year old's, independence includes dressing with minimal help, pouring water from a small jug, following simple routines like packing away toys and placing their school message books in their bags and brushing teeth, and playing independently for short periods.
- For 4-5 year old's, children can usually dress fully on their own, manage basic hygiene such as washing hands and brushing teeth, help with small household tasks like setting the table, follow multi-step instructions, and take responsibility for their personal belongings.
- For 5-6 year old's, independence extends to packing their school bag, preparing simple snacks, taking responsibility for homework or small chores, managing morning routines with little prompting, and beginning to show problem-solving skills.

These are not exhaustive skills, and every child develops at their own pace. If you'd like more guidance, please speak with your child's teacher about how best to support their independence for your child's age.

By encouraging these small steps, you're helping your child build resilience, confidence, and independence. These skills will serve them well both in school and beyond.

Welcome to our new parents! We're delighted to have you join our community and look forward to a joyful, enriching year together with your children.

Our heartfelt condolences go to the Nkwanyana family on the passing of their loved one, and to the Mthimkhulu family on their loss. May you find comfort in the love of family and friends, and strength in the memories you hold dear. Our thoughts and prayers are with you all.

Warm regards
Isa van Heerden
Principal





Newsletter



Staff News

First, we extend our heartfelt congratulations to Miss Peyton Marnies and Mr. Reece Roux, who will be tying the knot on 27 March. We are so excited for them as they begin this new chapter together, and we wish them nothing but love and happiness on their special day.

Secondly, we are overjoyed to announce that Mrs. Jocelyn Abdul and her husband Selwyn will be welcoming a precious baby into the world in early July. We cannot wait to meet this little bundle of joy and celebrate alongside their family. To all our parents who are also growing their families, we share in your excitement. It is always such a privilege to celebrate these milestones with you, and we treasure being part of your journeys.

We're excited to support Miss Megan Deacon as she completes her PGCE in Early Childhood Education. She will be doing her final practicum from 2 - 27 March, and we wish her every success as she takes this important step.

The staff and I are looking forward to attending our first Cluster Meeting on 3 March. Brenda Kerr, speaker and author will be sharing her insights into the challenges that face teachers, and how to stay inspired and invested.



Reminders and events

March 2026:

- **Past Pupil reunion:** 6 March
- **AGM:** 9 March
- **Open Day** 11 March (ClassConnect representatives are welcome to join, or any parent who is available.)
- **Senses Day:** 13 March (more info to follow)
- **Progress meetings:** 17 - 20 March: class lists will be available closer to the time.
- **Easter Fun Day** 26 March
- **School closes:** 27 March: @10h00 and at 13h00 for aftercare
- **School starts again:** 14 April

Encouragement



"There is no way to be a perfect parent, but a million ways to be a good one." — Jill Churchill
Parenting isn't about perfection, it's about showing up with love, patience, and resilience, even when the road feels tough.



Warm regards

Isa van Heerden
Principal